## **STUDENT PLAYBOOK**





Career Values
Worksheet



## **Career Values Worksheet**



Values are a critical component of determining your career path. It is important to select career options which best fit your values. The list below will help you identify and consider those values that you think you rate most highly. Your work values may change as work situations change. It is important to evaluate your work values often.

Read each value and decide if it is <u>always important</u> to you, <u>sort of important</u> or <u>not important</u> to you. Place an "X" in the appropriate box. The definition is there to help you think about the value. If your definition is different, use your own definition when rating the value. Review the "Always Important" values and choose your top five values.

1.The <u>core values</u> that are important to me in my life are:	Always Important	Sort of Important	Not Important
<ul> <li>Achievement: Being able to meet your goals</li> </ul>			
Balance: Time for family, work, and play			
<ul> <li>Independence: Control of your own destiny</li> </ul>			
<ul> <li>Influence: Able to have an impact on others</li> </ul>			
<ul> <li>Integrity: Stand up for your beliefs</li> </ul>			
<ul> <li>Honesty: Telling the truth and knowing that others are</li> </ul>			
telling the truth.			
Power: Control over others			
<ul><li>Respect: Care and trust of self and others</li></ul>			
Spirituality: Believing in your core beliefs			
Status: Having standing over others			

2. I think I will want to work in a <u>work environment</u> that is:	Always Important	Sort of Important	Not Important
■ Fast Paced: Work that has many things happening at the same time or moves very quickly			
■ Flexible: Work that is not set to a specific time schedule			
High Earnings: Work that has the potential to make alot of money			
<ul> <li>Learning: Work that is intellectually challenging</li> </ul>			
<ul> <li>Location: Work that is in a convenient place and an easy commute or in a highly appealing place</li> </ul>			
Predictable: Work where I know what is going to happen each day			
<ul><li>Quiet: Work where there are few disruptions throughout the day</li></ul>			
Relaxed: Work where there are few pressures to get things done.			
Structured: Work where it is organized and has aspecific set time			
■ Time Freedom: Work where you set your own schedule and plan how and when you do your work			
<ul> <li>Team Oriented: Work where you work closely with a group of other people that depend on you</li> </ul>			
High Impact: Work that makes a big difference in the lives of others			